

Definition of Wealth & Wish List

1. Define what wealth is to you...

Example

“Wealth to me is having enough money to do whatever I want to do whenever I want to do it and to possess the attitude to enjoy every step of the journey”.

You can use part of this example it or all of it – whatever will get you writing your list!

2. Create your wish list. This list can be as long as you want it to be. Be clear with your wishes. It is not appropriate here to say, “I want to be happy”. Happiness to a pig and to you are two completely different things so be clear. Break up big wishes into small ones. It is not appropriate here to say travel the world. Write down the list of places you REALLY want to go to. We have found it easy to use these categories to create your wish list

- PERSONALITY & CHARACTERISTICS (the qualities you wish to possess)
- FAMILY & FRIENDS (describe your family/friends)
- FINANCIAL (think big – this is your wish list)
- BUSINESS (what are your business goals if you own a company)
- CAREER (how are you going to finance your wish list)
- RELATIONSHIP (describe your perfect mate – BE SELFISH!)
- LEISURE ACTIVITIES (sports, hobbies, fun etc)
- TRAVELLING (create a list of all the places you want to travel to – use an atlas)
- CLOTHING (describe your wardrobe – include designers is you wish)
- TECHNOLOGY (computers, entertainment equipment – be specific)
- HEALTH (use the sentence – I am creating being...e.g. able to use all of my senses until I die)
- HOME (in detail describe your dream home, create a list of rooms in your home and fill them up with furnishings)
- TRANSPORTATION (list all the vehicles you want – be specific)